



GRIFFITH EAST PUBLIC SCHOOL

Phone 69625273

CANTEEN MENU - TERM 1 2023



☺ = Everyday Healthy Choice - ● = Occasional Only - GF = Gluten free

☺ MONDAY & TUESDAY MEAL DEAL 1 ● Ham & Cheese Sandwich ● Water ● Apple Slinky or Fresh Fruit Salad Cup	\$5.50	☺ MONDAY & TUESDAY MEAL DEAL 2 ● Spaghetti Bolognese ● Water ● Apple Slinky or Fresh Fruit Salad Cup	\$6.00
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HOT FOOD		EXTRA SAUCE ADD 20c	
☺ Hamburger (Beef patty only) Tomato or BBQ Sauce optional	\$ 3.50	● McCain mini Pizza (Ham & Pineapple or Bacon & Cheese)	\$ 3.50
☺ Bonza Burger (Grilled Chicken only)	\$ 3.50	● Hot Dog + Sauce	\$ 4.00
☺ Add - lettuce, cheese, tomato, beetroot, carrot, mayo	\$ 0.50	● Lite Party Pie + Sauce	\$ 1.80
	Each	● Sausage Roll + Sauce (Small)	\$ 2.50
☺ Chicken Breast Fillet Grilled	\$ 2.50	☺ Lasagne (Homemade)	\$ 4.50
● Chicken Drummy	\$ 1.80	☺ Spaghetti Bolognese (Homemade)	\$ 4.00
☺ Chicken Noodle Soup (Homemade)	\$ 2.00	☺ Macaroni Cheese	\$ 3.50
☺ Pumpkin Soup (Homemade) (GF)	\$ 2.00	GLUTEN FREE	
☺ Corn on cob (GF)	\$ 1.00	● Chicken Tenders	\$ 2.50
		● Pizza (Slice of Ham & Pineapple or bacon and cheese) Homemade	\$ 2.00

TOASTED ADD 50c				SANDWICH / ROLL / WRAP WHITE OR MULTIGRAIN			
EXTRA TOPPINGS 50c	Sandwich	Roll	Wrap	EXTRA TOPPINGS 50c	Sandwich	Roll	Wrap
☺ Plain	\$ 1.00	\$ 1.50		☺ Tuna	\$ 3.00	\$ 3.50	
☺ Cheese	\$ 2.50	\$ 3.00		☺ Sweet Chilli Chicken			\$ 6.00
☺ Vegemite	\$ 2.00	\$ 2.50		☺ Roast Chicken	\$ 4.00	\$ 4.50	\$ 5.00
☺ Jam	\$ 2.00	\$ 2.50		☺ Roast Chicken & Salad	\$ 5.00	\$ 5.50	\$ 6.00
☺ Egg (Plain or Curried)	\$ 2.50	\$ 3.00		☺ Roast Chicken, Lettuce & Mayo	\$ 4.50	\$ 5.00	\$ 5.50
☺ Foccacia		\$ 2.50		☺ Salad	\$ 3.50	\$ 4.00	\$ 4.00
☺ Foccacia 1/2		\$ 1.30		SALAD BOWLS			
☺ Foccacia Ham & Cheese		\$ 4.50		☺ Chicken (GF)			\$ 3.00
☺ Foccacia Ham, Cheese & Tomato		\$ 5.00		☺ Ham (GF)			\$ 2.50
☺ Ham (GF)	\$ 2.50	\$ 3.00	\$ 3.00	☺ Tuna (GF)			\$ 2.50
☺ Ham & Cheese	\$ 3.00	\$ 3.50	\$ 3.50	☺ Add - lettuce, egg, cheese, tomato, beetroot, carrot, mayo			\$ 0.50
☺ Ham & Tomato	\$ 3.00	\$ 3.50	\$ 3.50				Each
☺ Ham, Cheese & Tomato	\$ 3.50	\$ 4.00	\$ 4.00				
☺ Ham & Salad (Carrot, Lettuce, Beetroot, Tomato, Cucumber & Cheese)	\$ 4.50	\$ 5.00	\$ 5.00				

BREAKFAST 8.45am - 9.15am COUNTER				FRUIT			
☺ Boiled Egg (GF)		\$ 0.70		☺ Fruit Salad (GF)	Sml	\$ 1.50	Lrg \$ 2.50
☺ Cheese Stick (GF)		\$ 0.60		☺ Watermelon Bowl (Term 1 & 4) (GF)			\$ 2.50
☺ Fresh Fruit (GF)		from \$ 1.00		☺ Apple Slinky (GF)			\$ 1.30
☺ Hot Milo		\$ 1.50		☺ Orange Slice Cup (GF)			\$ 0.60
☺ Muffin		\$ 1.00		☺ Fresh Fruit (GF)		from	\$ 1.00
☺ Sultana Pack (GF)		\$ 1.00					

SNACK FOOD - RECESS & LUNCH				RECESS ORDER OR COUNTER			
☺ Popcorn (GF)		\$ 0.50		☺ Boiled Egg (GF)			\$ 0.70
● Crisps Red Rock - Sea Salt (GF)		\$ 1.80		☺ Cheese Stick (GF)			\$ 0.60
● Grainwaves		\$ 1.80		● Chicken Nuggets			\$ 0.50
● Custard (GF)		\$ 1.00		● Lite Party Pie + Tomato Sauce (Orders Only)			\$ 1.80
● Custard/Jelly Cup - Red or Green (GF)		\$ 0.50		☺ Foccacia Full			\$ 2.50
● Diet Jelly - Red or Green (GF)		\$ 0.50		☺ Foccacia 1/2			\$ 1.30
● Wednesday - Homemade Cakes		\$ 1.00		☺ Muffin			\$ 1.00

DRINKS AVAILABLE ALL TIMES				ICE BLOCKS - LUNCH			
☺ Milk Lite Flavoured (Chocolate & Strawberry)		\$ 2.50		☺ Quelch Fruit Tube Half (Apple, Blackcurrant, Raspberry & Strawberry)			\$ 0.50
☺ Plain Milk		\$ 2.00		☺ Quelch Fruit Tube Full (Apple, Blackcurrant, Raspberry & Strawberry)			\$ 1.00
☺ Water		\$ 2.00		☺ Homemade Ice Cream - Chocolate or Strawberry or Vanilla			\$ 1.00
☺ Fruit Drink (Apple, Apple & Blackcurrant - 100% Juice)		\$ 2.50		☺ Slushies - Fruit Based			\$ 2.00
☺ Orange Juice (100% Juice)		\$ 2.50		● Vanilla Icecream cup			\$ 1.50
☺ Tropical Juice (100% Juice)		\$ 2.50		● Ice Mony - Various Flavours			\$ 1.00
☺ Hot Milo		\$ 1.50		● Paddle Pops (Rainbow, Chocolate & Banana)			\$ 2.00
				● Twisted Yoghurts - Chocolate/Vanilla, Strawberry/Vanilla, Watermelon/Mango (GF)			\$ 2.00