

East Links

Term 3 | Week 2 | 31 July 2019



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SCHOOL ATHLETICS CARNIVAL - TOMORROW

Our School Athletics Carnival is being held tomorrow at West End Oval. Buses will depart from the school immediately following morning lines.

Students should wear either house colours or their school sports uniform.

A canteen is operating at the carnival and a menu is included with this newsletter

NEW MENU - HEALTHY CANTEEN

The NSW Healthy Canteen Strategy aims to support student health by providing access to healthy foods and drinks to make the healthy choice the easy choice.

75% of our menu must be Everyday Foods and Drinks and **25% is Occasional Foods and Drinks**

Everyday foods and meals are those made from the 5 food groups and drinks are water and milk.

Occasional foods and drinks are generally higher in saturated fat, sugars or salt, with less nutritional value than Everyday foods. Maximum portion sizes will apply.

A new menu which is effective immediately is coming home with your newsletter today and is also available on the school App and website

To meet the requirements of the NSW Healthy Canteen Strategy the following items are no longer available once current stock is used: Vaccari's Pies, Fairy Bread and Noodles

Changes to other menu items include:

- Sausage rolls are now cut in half and we are selling them as a small sausage roll for \$1.80.
- The only chips that are now available are Sea Salt, Grain Waves & Messy Monkeys.
- The only ice blocks still available are Fruit Tubes & Crunchas. We also will be making our own milk ice blocks when our current stock of ice blocks run out.
- Chicken Caesar Wraps and Sweet Chilli Wraps will now be available from the canteen for \$5.00 each.

CELEBRATING EDUCATION WEEK 2019

Education Week Open Day at Griffith East Public School will be held on Wednesday 7 August 2019.

The program for the day is:

- **10.00 a.m.- 10.30 .a.m.** – Parent Information Session – “ How we teach Mathematics now “ – School Hall.
- **10.30 a.m. - 11.15 a.m.** - Open Classrooms; all parents, relatives and friends are welcome to visit classrooms during this time.
- **11.15a.m. - 11.40 a.m.** - Morning Tea; Please join us in the School Hall.
- **11.45 a.m.** - K - 6 Assembly will commence under the Gunyah and conclude around 1pm. This year each grade will be performing a short item at the assembly.
- **Assembly Program**
 - Welcome & National Anthem
 - Acknowledgement of Country
 - Kindergarten Item
 - Year 1 Item
 - Principal's Address
 - Year 2 Item
 - Year 3 Item
 - Year 4 Item
 - Education Week Awards
 - Year 5 Item
 - Year 6 Item

AUSSIE RULES TEAM HAS BIG WIN!

Our Aussie Rules team played against West Wyalong PS on Tuesday 30 July at Exies' Oval. In what was a comprehensive result, our boys won 13.12.90 to West Wyalong PS 0.1.1. An 89 point win is pleasing indeed; the most enjoyable aspect of the game was to see the boys trusting each other and backing their teammates throughout.

They now look forward to a match against Finley PS in the coming weeks. Good luck!

STATE CROSS COUNTRY RESULTS

Congratulations to Nate Mingay and Jai Kenny who ran at Eastern Creek in Sydney last Friday. We have heard you both had a great time and learned quite a lot along the way. Nate, running as an 8 year old in the 8/9's division finished a commendable 51st, whilst Jai placed 10th in the 11's Boys – Top 10 is HUGE!

In the lead-up we knew you both were putting quite a lot of training in, and for this, you both should be very proud. It can be hard waking up early to run, but the rewards are there for those willing to persist.

With lessons learned, you can both look forward to 2020 and the possibility of returning to Sydney to test yourselves again.

Boys, we are proud of you both!

CANTEEN

ROSTER

Monday 5 Aug

- Alyssa Vasta

Tuesday 6 Aug

- Jessica Pleasance

Wednesday 7 Aug

- Sally Fineanganofa

Thursday 8 Aug

- Alison Francis

Friday 9 Aug

- Brodie Nancarrow
- Krisry Valenzisi

Cakes 7 Aug

- Margarite Belardo
- Lynda Franks
- Cath McPherson
- Nikki Ross
- Sandra Taylor



BOOK WEEK 2019

This year our whole school will be participating in the Griffith City Town Library Book week Parade which will be held in Banna Ave on Wednesday 21 August commencing at 10.00 a.m. from the Griffith Visitors Centre.

The theme this year is “**Reading is my Super Power**” and students are welcome to dress up as their favourite super hero or as their favourite book character for the Street Parade.

More information on school activities for Book Week will be in the newsletter next week.

(Please note there will not be a Book week Assembly this year as we are participating in the Town Street Parade).

STAR STUDENTS

WEEK 1 AWARDS

3G	Rose Turner, Matthew Hurst, Tess Jamieson
3M	Alessia Musitano, Roy Condon, Flynn Bunn
3S	Alex Soane, Rocco Romeo, Rylee Eade
4C	Cooper Bastianon, George Walton, Matilda Poole
4N	Sophia Giason, Oscar Koerper, Lijanah Philp
4T	AJ Knowles, Evie Ross, Fletcher Kelly, Aden Gumbleton
5D	Adellaide Wilkinson, Mula Simeon, Tayla Patten
5N	Kodey Fiddler, Hayley Berry, Emily Codemo
5/6G	Jesse Ryan, Stella Matthews, Emma Panebianco, Charlie Adamson
5/6O	Tyson Sidlow, Eli Koerper, Torrence Elvy, Sofia Furore, Sophie Suine, Giszelle Ioelu-Simpson
6CM	Ivan Walton, Laine Hayllar, Kye Banfield

BOOK CLUB

Orders for the latest issue of Book Club are due back to the school office by next Wednesday 7 August. Please make sure that all order forms are clearly marked with your child's name and class and that the correct money is enclosed.

HOUSE COLOURS

Barindji – Blue

Kamilaroi - Yellow

Arunta - Red

Wiradjuri - Green

GEPS - Term 3 2019

Term Three	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT SUN
2	29 July	30 July Aussie Rules team vs West Wyalong @ Exies	31 July Uniform Shop open 8.45 – 9.30	1 Aug GEPS Athletics Carnival	2 Aug K-2 Assembly with 1C	3 4 Aug
3	5 Aug EDUCATION WEEK	6 Aug Education week – Captains Awards- Pioneer Park	7 Aug Uniform Shop open 8.45 – 9.30 Ed Week Open Day BOOK CLUB DUE	8 Aug P & C Meeting – 7.00 pm- staffroom	9 Aug No K-2 assembly	10 11 Aug
4	12 Aug	13 Aug	14 Aug	15 Aug Yr 6/7 Middle School – MRHS – 9.00-10.30	16 Aug K-2 Assembly with KD Todd Woodbridge Cup – Yrs 3 & 4	17 18 Aug
5	19 Aug	20 Aug	21 Aug Book Week Street Parade – Banna Ave - 10.00a.m.	22 Aug	23 Aug K-2 Assembly with KH	24 25 Aug
6	26 Aug	27 Aug GEPS Spelling Bee Final – Hall	28 Aug	29 Aug Yr 6/7 Middle School – MRHS – 9.00-10.30	30 Aug K-2 Assembly with 2D	31 Aug 1 Sept
7	2 Sept	3 Sept Yr 4 Pioneer Park Excursion	4 Sept	5 Sept P & C Meeting – 7.00 pm- staffroom	6 Sept K-2 Assembly with 1G Proud & Deadly Awards – MRHS	7 8 Sept
8	9 Sept	10 Sept Trent Barrett Shield- Yrs 3 & 4	11 Sept	12 Sept Yr 6/7 Middle School – MRHS – 9.00-10.30	13 Sept K-2 Assembly with 2B	14 15 Sept
9	16 Sept	17 Sept ICAS English Competition	18 Sept	19 Sept ICAS Maths Competition	20 Sept K-2 Assembly with KC	21 22 Sept

AUGUST P & C MEETING

The August meeting of the GEPS P & C (Parents & Citizens Association) will be held on Thursday 8 August at **7.00 pm** in the school staffroom. All parents are welcome to attend.